



Knox soars to success with at-home sessions.

Knox waits patiently. “1...2...3...GO!” He smiles big as he walks back in forth between Mom and Dad. This anticipatory game shows just how much progress Knox has made in the last 7 months of therapy services with Sherwood.

Knox, who will turn 2 in September, began services with Sherwood just before his first birthday. He was initially referred by his Pediatrician to a Physical Therapist. The Physical Therapist he was seeing referred the family to Sherwood once Knox reached her age limit. The in-home therapy sessions Sherwood offers has been a more convenient option to Knox’s parent and it allows him to practice in an environment he’s familiar and comfortable with.

Knox was initially evaluated by Sherwood for feeding concerns. He was having some difficulty with textures and chewing. After a successful lip and tongue tie procedure and continued practice, Knox was eating macaroni and cheese, eggs, bananas, crackers, and chorizo in just a matter of weeks. Once he was able to make progress with feeding, they turned their focus onto Speech and Occupational Therapy.

“He seems to be taking his time to learn but he understands speech and he’s starting to pick stuff up” says Mom. Knox has also come a long way to walking and climbing steps with the help of Occupational Therapy.

In addition to the 1, 2, 3 game, during this session, they also worked on “parallel play”. Mom and Dad rolled a car/truck and Knox worked on doing the same rolling movement with a smaller toy/truck. They will continue to work on the parallel play and introduce proper playground skills to try to help Knox gain confidence going down the slide.

Knox is a true testament to his parents dedication. Mom and Dad and his devoted team of therapists are committed to Knox’s development and continuing to successfully reach his age appropriate milestones. Way to go Knox! We are all proud of you!



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