



 **SHERWOOD**  
*Believing in Abilities*

# ANNUAL REPORT

2022-2023



# MISSION

**Sherwood provides innovative, inclusive services to children and adults with disabilities in their communities.**

Serving Snohomish, Skagit, Island, and San Juan counties, Sherwood takes pride in serving all people with disabilities and their families, regardless of the severity of the disability, including those in rural areas and non-native English speaking communities.

We strive to remove as many barriers to accessing services as possible and have staff who are bilingual in Spanish and American Sign Language to provide services that are culturally relevant. Sherwood strives to create an inclusive society where children and adults with disabilities have the ability to live full, independent lives as a part of their community.



# ABOUT US



Sherwood was founded in 1957 by eight families of children with disabilities who were excluded from a public education. Together, they created Sherwood to prove that their children not only had the right, but the ability to learn. At that time, families were instructed by professionals to put children with disabilities in institutions.

Conversely, the families who founded Sherwood chose to raise their children at home, challenging social norms, and working to build a full and inclusive life for their children without any of the supportive services that are available today. They were instrumental in advocating for basic human rights for their sons and daughters as well as others.

Current education and employment statistics show that we still have a long way to go to realize a truly inclusive community for people with disabilities.

While society's perceptions and equal protections under the law have advanced significantly over the past 60+ years, biases, stereotypes and/or discomfort towards people with disabilities still exist today. An equitable society begins with identifying and eliminating barriers to participation; when equity is achieved there is an opportunity for inclusion.

Sherwood believes in people's abilities, and is committed to creating a society where children and adults with disabilities feel included and have the ability to live full, independent lives as a part of their community.

# EARLY SUPPORTS

## THErapy IS A TEAM EFFORT!

Therapists and educators utilize a parent coaching model that encourages family involvement. The Early Supports team loves seeing parents and caregivers engaging in therapy sessions so that they become equipped to learn tools and techniques that can continue even when the therapist isn't present. (Many times, siblings even take part!) Sherwood's therapists, educators, and resource coordinators work with families to set goals, develop a plan to achieve the best outcome for the child, and celebrate with family's along the way as their child reaches those goals!

379

Children receive services monthly

53

Years of Early Supports services



Virtual and in-person therapy and education services for infants and toddlers with a diagnosed disability or delay.



Customized supports to help each child reach developmental milestones.



Parent coaching model in the child's natural environment for optimal learning and success.

# Avery

After enrolling in our Early Supports Program, Avery quickly broke out of her shell at her first speech therapy session. Avery's mom reminisces on that session:

"I remember the first time Avery met with our therapist and was assessing her comprehension. She was much more willing to 'talk' to a stranger than me, so I was pleasantly surprised that she understood more than I thought,"

Her mom saw great improvement throughout the year with Sherwood. Sessions were regularly held at Avery's house, where Jeannie was involved every step of the way. Not only was this convenient for Jeannie and Avery, these sessions were held in a place where Avery already felt comfortable and safe.



***"These sessions have made such a difference," Jeannie said. "She is now talking up a storm, speaking in full sentences!"***

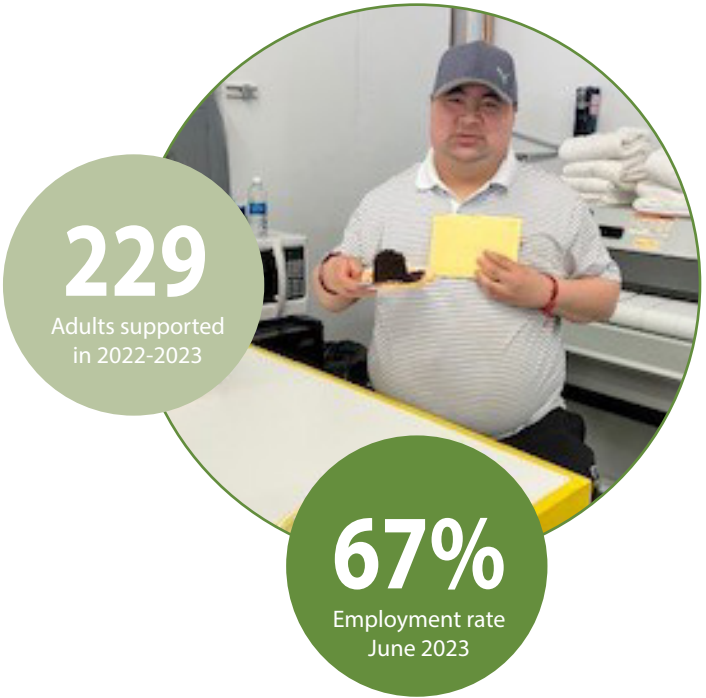
Jeannie continues to say that Avery's therapy sessions provided essential information for parents as well. "These sessions have given us as parents the knowledge and tools to continue to help Avery hit her developmental milestones."

Reflecting on her and Avery's experience, Jeannie offers some heartfelt advice for other families in similar situations: "Don't be scared to make the jump to get a speech therapist." She said. "It wasn't a big-time commitment on our part and gave us peace of mind that we were doing the right things to help support her development instead of just hoping it gets better on its own."

# CAREER AND COMMUNITY CONNECTIONS

Sherwood supports high school students and adults with disabilities who are interested in seeking employment and community integration. While employment is critical to inclusion, adults have the right to pursue their hobbies and make lasting friendships.

Sherwood strives not only to place people in jobs, but to ensure they are in jobs they love. Sherwood believes that every individual with a disability should have an opportunity for meaningful employment that uses their abilities to the highest level and offers a competitive wage. A job leads to increased economic independence, community integration and greater self-worth.



## Sherwood's Career and Community Connections Steps to Success:

- 1**  
**A Career Path Plan is Developed**  
Identify interests and goals
- 2**  
**Job Training**  
Evaluate skills and abilities
- 3**  
**Job Support**  
Develop resume, fill out applications, and attend interviews
- 4**  
**Job Placement**  
Find the right job, on the job support/coaching for long-term success

# Ricky

Ricky is a bright and energetic young man who was hired in the summer of 2023 at Northwest Educational Service District 189 in Marysville. Ricky is a Science Kit Restock Clerk, where his main duties are to clean and organize science kits that are used throughout schools in the district.

During the Summer, Ricky and his Job Coach Ganelle, worked on his resume and interviewing skills. Ricky soon found the job at NWESD and he thought it would be the perfect fit for him. An interview was scheduled, and Ricky was hired shortly after.

Ricky is doing well in his new job and is happy to go to work. He goes on to explain that he is a perfectionist and prefers hands-on tasks, and that's why he wanted to apply for this job. His manager Kelly agrees, adding on that she could tell at the interview that Ricky would be an essential part of the team.



***“There is a place for everybody, and I want all my staff to have roles that fit them.”***

Even though Ricky has been working in the Science Materials Center for only a few months, he has made a real impact and Kelly has noticed. She commends Ricky for his work ethic and attention to detail. She explains further that Ricky will take on any task, no matter how challenging.

“This position meets all of Ricky’s skills and he has quickly established natural supports,” Ganelle, said. “Ricky is happy and really enjoys his position and looks forward to each shift.”

# IN THE COMMUNITY

Sherwood stands out within our community by continuously finding new ways to engage, learn and bring awareness to our mission. The Development and Partnership team focuses on building awareness and raising funds by developing strong, mutually beneficial relationships with individuals and businesses in the communities we serve.

The Development and Partnership team maintains a strong presence in our community by sponsoring and tabling at events. We are members of local Rotaries, Boards, and Chambers of Commerce.



Sherwood has been recognized by the community and been presented several awards for the Snohomish County “Best Of”, including best nonprofit, best workplace, and best employment agency.

Silvana Five and Dime, Sherwood’s social enterprise, was named best second hand store in Snohomish County from 2017 through 2020 and generates critical dollars for our mission.



# DIVERSITY, EQUITY & INCLUSION

Sherwood Believes in Abilities. Over our 60+ year history, we have fought for equality, inclusion, and acceptance of people with disabilities. These efforts have been focused on groups that are marginalized. Sherwood continues to provide inclusive services to children and adults with disabilities in their communities. Our work is rooted in the firm belief that all people deserve respect, dignity, and have the right to self-determination. We strive to ensure everyone who is part of Sherwood, and their individuality, remain honored and recognized.

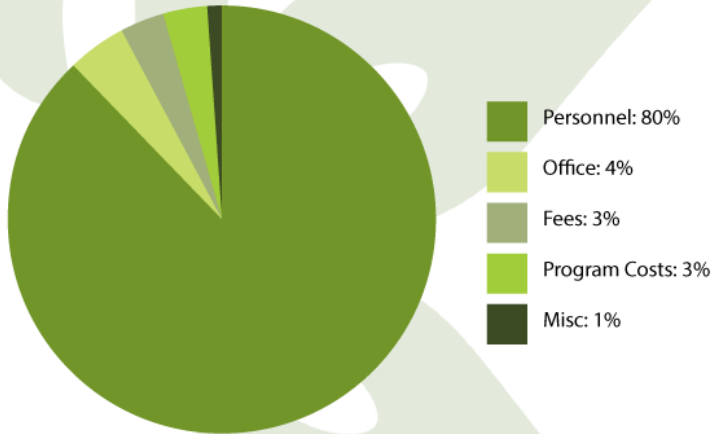


We are committed to supporting families, removing barriers and empowering each individual's unique journey. Inclusion is a core value that drives our mission of service and advocacy on behalf of individuals with disabilities. Sherwood believes that a broader perspective, increased awareness, and cultural enrichment are gained by having staff and board that reflect the communities we serve.

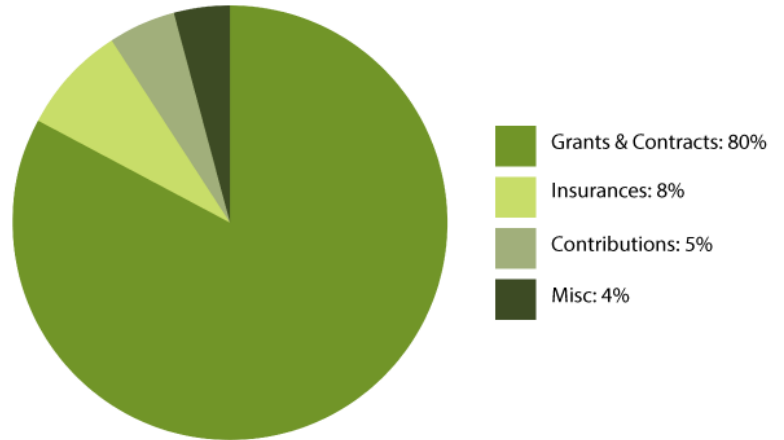
# FINANCIAL REPORT

JULY 1, 2022 - JUNE 30, 2023

## Expenses



## Revenue



# THANK YOU FOR BELIEVING WITH US!

## Sherwood's Individual Partners and...

- Ace Hardware Lake Stevens
- Adams and Duncan
- American Cremation and Casket Alliance
- Boeing Employees' Credit Union
- Big Dog's Food Truck
- Billies Busy Kids
- Blackbaud Giving Fund
- Branch Richards and Co.
- Bruno's Wood Fired Pizza and Alehouse
- Bungie Foundation
- Bungie Inc.
- Calrose Insurance
- Chris Jacobson and Rachele Horner
- City of Monroe
- Coastal Community Bank
- Cronin Family Foundation
- De Spain Family Fund
- Diedrich Espresso
- EASC Ambassadors
- Edward Jones-Cynthia Casey
- EverTrust Foundation
- First and Main
- First Financial Northwest Bank
- Four Day Fireplace
- Fraser and Fogle
- Gaffney Construction
- Garvie Industries
- Gary and Jeanne Petershagan
- Gearheart Embroidery
- Greater Marysville Tulalip Chamber of Commerce
- Haggen of Lake Stevens
- Heritage Bank
- Iova Corcovelos
- IRG Physical & Hand Therapy - Cascade Childrens
- KRKO 1380/KXA 1520
- Kroger Shoppers
- Lake Stevens Ankle And Foot Clinic
- Lake Stevens Brewing Company
- Lake Stevens Education Foundation
- Lake Stevens Food Bank
- Larsen Christopherson Benefits Group Inc.
- Lombardi's Italian Restaurant and Wine Bar
- Marjorie Mosher Schmidt Foundation
- Molina Healthcare
- Morehouse Quality Woodworking
- Nordstroms
- Nysether Family Foundation
- People's Bank - Snohomish
- Rick Steves Fund
- Rotary Club of Lake Stevens
- Rustic Cork Wine Bar
- Scuttlebutt Brewing Taproom
- Sequoia Nonprofit Solutions
- Snohomish County Council
- Soroptimist International of Marysville
- Sunnyside Nursery
- TAL Holdings
- Taylor's Plumbing Solutions, LLC
- Thomas and Associates
- Toyer Strategic Advisors
- Tulalip Casino and Resort
- Washington Federal Foundation
- Windermere Stanwood Camano
- Windermere Eastside Foundation

**You could make a difference too!**

Visit [www.sherwoodcs.org](http://www.sherwoodcs.org) and find out how to add your business to Sherwood's list of donors.



*Believing in Abilities*

402 91st Avenue NE, Lake Stevens, WA 98258



**LIVES ARE CHANGED**

*when you Believe!*

